

Pilgrimage Mantra

roots release stones
uncrumble soil
inhale water
exhale storm clouds

wind winds down peaks
curves through canyons
sweeps arroyos
rests by rivers

river gathers
wrestles boulders
carries glaciers
undams itself

mycelium
song stretches light
trees tied to fungus
fungus tied to stars

sound and absence
universe breathes
galaxies swell
time unspools time

cell reaches cell
a hand unfists
bare foot, bare earth
soul becomes sky

leaves loosen light
sun scampers free
red squirrel laughs
down the Great Tree

breeze seizes breath
releases fear
what aches, unwinds
gale opens gates

floodwaters rise
rewrite the cliffs
erase mudbanks
unstitch old scars

lichen listens
moss remembers
ants meditate
prayer is what moves

black hole beating
nebula spins
spider tugs silk
from teeth of stars

jaw unclenches
now is always
always is now
spine is a stalk

blossoms greet dawn
tangling vines
make nests of mess
tree is garden

zephyr whispers
let go, let go
lizard skitters
wind fills the lungs

delta widens
room here for all
silt becomes soil
desert fountains

seeds wake with joy
to break is bliss
what bursts, flowers
the grave is womb

quantum daydream
spindle spins thread
warp and weft tides
fill empty pools

bone and body
molecules bound
molecules freed
samara souls

Cassandra Windwalker